



# CATAWBA COUNTY

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Public Health

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## Catawba County Public Health Offers Flu Shots at Two Locations

Catawba County Public Health will offer **flu shots at the Health First Center at Valley Hills Mall beginning on Friday, 10/3/08**, and at **Catawba County Public Health on Monday, 10/6/08**. The cost for the flu shot is \$24, payable by cash or check only. Medicaid and Medicare Part B insurance will cover flu shots if you provide your card.

Both adults and children can receive a flu shot at the Health First Center at Valley Hills Mall, located on the lower level next to Belk on the following dates in October and November and NO appointment is necessary:

- Friday, October 3, 2008 – 7-9am, 12-2pm, and 4-6pm
- Friday, October 10, 2008 – 7-9am and 3-6pm
- Friday, October 17, 2008 – 7-9am, 12-2pm, and 4-6pm
- Saturday, October 18, 2008 – 10am-1pm
- Friday, October 24, 2008 – 7-9am, 12-2pm and 4-6pm
- Friday, October 31, 2008 – 7-9am, 12-2pm, and 4-6pm

### And on the following dates in November:

- Wednesday, November 5, 2008 – 8-11am
- Friday, November 7, 2008 – 3-6pm
- Thursday, November 13, 2008 – 8am-12pm
- Wednesday, November 19, 2008 – 8-11am
- Friday, November 21, 2008 – 3-6pm

Flu shots given at Catawba County Public Health are by appointment beginning on 10/6/08 between the hours of 8am-5pm, Monday-Friday. Call 828-695-5800 NOW to make an appointment. Pneumonia shots are also available by appointment at Catawba County Public Health for \$37.00. Catawba County Public Health is located at 3070 11<sup>th</sup> Ave Dr, SE, Hickory, just behind Catawba Valley Medical Center.

The following groups of people are encouraged to get vaccinated each year:

- People 50 years old and older;
- People who live in nursing homes and other long-term care facilities that house those with long-term illnesses;
- People who have household contact with infants or children ages 0 to 5 years of age, or are out of home caregivers for children in that age group.
- Adults with chronic heart or lung conditions, including asthma;
- Adults who need regular medical care or were in a hospital during the previous year because of a metabolic disease (like diabetes), chronic kidney disease, or weakened immune system;
- Women who will be pregnant during the influenza season;
- All healthcare personnel;
- People with any condition that can compromise respiratory conditions.

For more information, contact Catawba County Public Health at 828-695-5800 or visit the website at [www.catawbacountync.gov/phealth](http://www.catawbacountync.gov/phealth) or the National Immunization Program's website at [www.cdc.gov/nip/flu/](http://www.cdc.gov/nip/flu/).

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